



# Cowboy's Rest

Christian Camp & Retreat Center

435 Jiggs Hwy #4 Spring Creek, NV 89815 ♦ (775) 934-9806 ♦ [www.cowboysrest.org](http://www.cowboysrest.org)

## Camper Information 2025

### Camp Begins

Check-in runs from 3:00 to 5:00pm on Monday (Sorry, our staff is unable to accommodate campers arriving earlier than 3:00pm.)

### Camp Ends

11:00am on Friday (Saturday for 6-day camps). (If your parents are having someone else pick you up, please have them send a note with you.)

### Scholarships

If you need financial help attending camp, please see our website [www.cowboysrest.org](http://www.cowboysrest.org) for more information.

**Scholarship applications are due at least 2 weeks before the start of camp**

### Transportation

Cowboy's Rest does not provide transportation to or from camp. For safety and liability reasons, we kindly ask that high school students do not drive their own vehicles to camp.

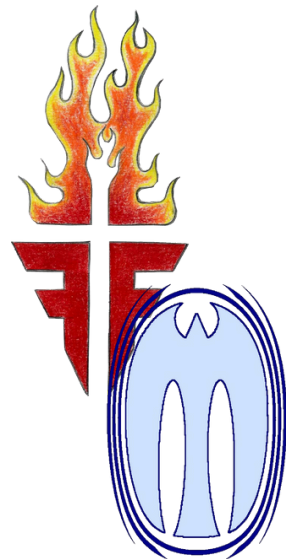
**For driving directions, please visit our website.**

### Medical Form

This form needs to be completely filled out and signed in order to allow you to participate and remain at Cowboy's Rest. **Please make sure you bring it with you when you come!** Download the form from our website.

### Super Spirit Day!

Our theme this year is Super Heroes! On the last full day of each camp, we celebrate SUPER SPIRIT DAY, on which we really like to embrace the theme and dress up. Appropriate props and costumes are encouraged and may even score your team some extra Spirit Points...



# Packing List

- medical release form (if you haven't already sent it)
- warm sleeping bag
- pillow
- warm pajamas
- warm clothes (long sleeve shirts, long pants)
- cool clothes (modest T-shirts and shorts)
- jacket
- toiletries
- extra undergarments & socks
- modest, one-piece swimsuit
- towels
- sturdy, closed-toed shoes
- hat (to keep the sun off)
- water bottle
- sunblock
- chapstick
- bug spray
- small backpack
- flashlight
- pen or pencil
- Bible
- necessary medications
- **(All medications that you need to take during camp must be turned in during registration. They will be administered by our camp nurse.)**

## Optional Stuff to Bring

fishing pole and tackle (no powerbait)  
hiking boots - water shoes - extra \$\$ for camp store & activities - Super Spirit day outfit - inexpensive camera to capture memories

## The Rules AKA The 7 Ms

- 1) No Missing Meetings.
- 2) No Missing Meals.
- 3) No Messing Around.
  - a. No pranks.
  - b. No campers in cabin areas of the opposite gender.
  - c. No campers of opposite genders alone together.
  - d. No leaving the camp vicinity and group.
- 4) Modesty. (See dress code)
- 5) Mandatory footwear.
- 6) Must wear sunscreen and drink water.
- 7) Must have fun!

## Dress Code

- Undergarments: we don't want to see them!
- Pants: leggings/yoga pants should not be worn as pants
- Shorts: must be as long as your fingertips
- Shirts: must have straps at least 2 inches wide, no visible bellies
- Swimsuits: must be modest, one-piece (or worn under a dark colored shirt)

## Stuff NOT to Bring

dangerous or illegal substances (drugs, alcohol, firearms, fireworks, etc.) - electronics (iPods, **cell phones**, video games, etc.) - pets - expensive items

## Cash

Campers have the option of turning in cash to the registrar during check-in. They will then have a “tab” available at the Trading Post to pay for snacks, souvenirs, or extra activities during the week. At the end of camp, campers can collect unspent cash at the store. Paintball (Youth Camps only) costs an additional \$15 per session.

## Mail

Your parents can mail letters (no packages, please) to...

**Your Name**

**c/o Cowboy's Rest Camp Dates**

**435 Jiggs Hwy Box #4**

**Spring Creek, NV 89815**

*Any mail should be sent the week prior to your camp. Mail can also be brought out along with campers and given at check-in.*

## Camp Videos and Photos

Check out the Photos & Videos page of our website after your camp to show your friends and family your pictures and rec videos or download them to save for later!

For theme videos like the 7 Ms and the Opener, check out our YouTube channel when summer is over.



## Visitors

Families are welcome to visit at any time.

**For safety reasons, please call ahead to let us know if and when you plan to visit.**

If they plan to join us for meals, it is \$10 per person to help cover costs, please make us aware ahead of time so we can make sure there is enough food.

## Phone Calls

If there is an emergency, your parents can call (775) 934-9806, and we will put them in touch with you.

**(Please note that this number is for emergencies only.)**



# Happy Camping!