

# Cowboy's Rest

CHRISTIAN CAMP & RETREAT CENTER

435 Jiggs Hwy #4 Spring Creek, NV 89815 ♦ (775) 934-9806 ♦ [www.cowboysrest.org](http://www.cowboysrest.org)

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## SPECIAL NEEDS CAMP

### CAMPER INFORMATION

#### ★ Camp Begins:

Check-in runs from 2:00 to 3:00pm on Monday.  
(Sorry, our staff is unable to accommodate campers arriving earlier than 2:00pm.)

#### ★ Camp Ends:

11:00am on Wednesday.  
(If you are having someone else pick up your camper(s), please send a note to camp with them and notify the staff upon arrival)

#### ★ Transportation:

Cowboy's Rest does not provide transportation to or from our facility. For **driving directions** to Cowboy's Rest, please see our website:  
<https://www.cowboysrest.org/about-us.html>

#### ★ Medical Form:

We must have this form completely filled out and signed in order to allow you to participate and remain at Cowboy's Rest. Please make sure you bring it with you when you come!

#### ★ Scholarships: If you need

financial help attending camp, please see our website:

[www.cowboysrest.org/camps/scholarship.htm](http://www.cowboysrest.org/camps/scholarship.htm)  
for scholarship information.

**Note:** Scholarship applications are due at least 2 weeks before the start of camp.

#### ★ Stuff to Bring:

- medical form
- warm sleeping bag
- pillow
- warm pajamas
- warm clothes (long sleeve shirts, long pants)
- cool clothes (modest T-shirts and shorts)
- jacket
- toiletries
- extra undergarments & socks
- modest, one piece swimsuit
- towels
- sturdy, closed-toed shoes
- hat (to keep the sun off)
- water bottle
- sunblock
- chapstick
- bug spray
- small backpack
- flashlight
- pen or pencil
- Bible
- necessary medications (All medications that you need to take during camp must be turned in during registration. They will be administered by our camp doctor.)

#### ★ Stuff NOT to Bring:

- dangerous or illegal substances (drugs, alcohol, firearms, fireworks, etc.)
- electronics (iPods, cell phones, video games, etc.)
- pets
- expensive items
- extra food (we don't want to attract mice!)

★ Optional Stuff to Bring:

- hiking boots
- water shoes

★ Visitors: If you've decided to send your camper as an individual, your family is still welcome to visit at any time. Please just need to call ahead if you plan to join us for meals (\$5 per person).

★ PHONE CALLS: If there is an emergency, your can call **(775) 934-9806**

★ THE RULES: (Also known as the 7 M<sub>r</sub>s.)

1) **No Missing Meetings.**

2) **No Missing Meals.**

3) **No Messing Around.**

- a. No pranks.
- b. No campers in cabin areas of the opposite gender.
- c. No campers of opposite genders alone together.
- d. No leaving the camp vicinity and group.

4) **Modesty.**

Undergarments: we don't want to see them!

Pants: leggings/yoga pants must be worn under shorts

Shorts: must be as long as your fingertips

Shirts: must have straps at least 2 inches wide, no visible bellies

Swimsuits: must be modest, one-piece (or worn under a dark colored shirt)

5) **Mandatory footwear.**

6) **Must wear sunscreen and drink water.**

7) **Must have fun!**